

PALM BEACH

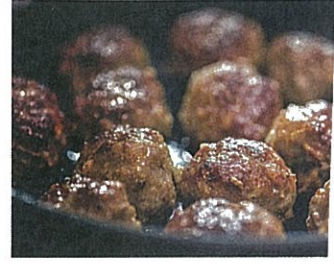
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LOCAL FLAVOR

Not only is cuisine a current reflection of our culture, it's also telling of our past. **Taste History Culinary Tours**, a program from the Museum of Lifestyle and Fashion History, illustrates the story of South Florida's native inhabitants, Caribbean immigrants, early settlers, and modern residents through food. Founder Lori Durante leads narrated tours that travel through three areas by bus and on foot: West Palm Beach, Lake Worth and Lantana, and Delray Beach and Boynton Beach. Over the span of three to four hours, attendees learn the heritage of each city as they sink their teeth into generous samplings from family-owned eateries. The tours highlight hidden gems and shine new light on cultural treasures you may unknowingly pass by on a regular basis, making them ideal for out-of-towners and locals who fancy themselves in the know. Curious foodies will discover historic buildings, public art, and emerging galleries as well as Palm Beach County's best veggie burger, lemonade from a secret family recipe, and a taste of the diverse cuisines that make up South Florida. Each tour visits three to four restaurants, and Durante continually rotates and adds new stops. By the end, attendees leave satiated and richer in knowledge. (561-243-2662, tastehistoryculinarytours.org)—L.P.



MOJITOS FROM AN AUTHENTIC CUBAN RESTAURANT, HOMEMADE PASTA AND MEATBALLS, AND CANNOLIS FROM A FAMED ITALIAN BAKERY ARE A FEW OF THE TOURS' CULINARY DELIGHTS.

PBI AWARDS

BEST OF THE BEST
OUR TOP PICKS FOR PALM BEACH

ROUND FILE
OUR OBSESSION WITH ARTISANAL DOUGHNUTS

